

# CHOOSE A MAJOR/CAREER WORKSHEET

On this worksheet, you will check the words below that best describe you in six interest areas. It is ok to mark the same word more than once. Using the three highest-scoring areas of your worksheet, you can identify corresponding majors and careers at Allan Hancock College to explore based on Holland's Hexagram of Interests (see other side).

## R - REALISTIC

- Conforming
- Straightforward
- Honest
- Humble
- Athletic
- Natural
- Persistent
- Practical
- Modest
- Active
- Stable
- Thrifty
- Do you like to create or fix things with your hands?
- Do you enjoy working with tools, machines or animals rather than people?
- Do you like to do physically active tasks or work outdoors?

\_\_\_ # of Total Checks in - R

## I - INVESTIGATIVE

- Analytical
- Cautious
- Investigative
- Curious
- Independent
- Intellectual
- Introspective
- Complex
- Scientific
- Precise
- Rational
- Observant
- Do you like to observe and analyze abstract problems?
- Are you interested in science, math & understanding the physical world?
- Do you prefer to work independently?

\_\_\_ # of Total Checks in - I

## A - ARTISTIC

- Complicated
- Creative
- Emotional
- Expressive
- Idealistic
- Imaginative
- Open
- Impulsive
- Independent
- Intuitive
- Nonconforming
- Original
- Do you prefer to work independently or in unstructured situations?
- Are you imaginative, artistic, intuitive, or individualistic?
- Are yourself creative, unconventional & expressive?

\_\_\_ # of Total Checks in - A

## S - SOCIAL

- Patient
- Cooperative
- Friendly
- Generous
- Helpful
- Idealistic
- Insightful
- Kind
- Responsible
- Sociable
- Tactful
- Understanding
- Do you enjoy solving problems by discussion?
- Can you plan and supervise or teach an activity to others?
- Do others seek out your advice and companionship?
- Do you enjoy social events such as meetings or team sports?

\_\_\_ # of Total Checks in - S

## E - ENTERPRISING

- Adventurous
- Ambitious
- Entrepreneurial
- Assertive
- Energetic
- Impulsive
- Optimistic
- Results oriented
- Popular
- Self-Confident
- Sociable
- Talkative
- Do you like competition?
- Do you place a high value on money and material things?
- Do you enjoy leading others and persuading people?
- Are you self confident, ambitious, and independent?

\_\_\_ # of Total Checks in - E

## C - CONVENTIONAL

- Conforming
- Conscientious
- Accurate
- Structured
- Attentive to detail
- Methodical
- Orderly
- Persistent
- Practical
- Self-Controlled
- Polite
- Efficient
- Do you prefer structured situations and defined tasks?
- Do you like working with numbers or collecting and organizing information?
- Do you consider yourself methodical and organized?
- Are you conscientious, efficient, and organized?

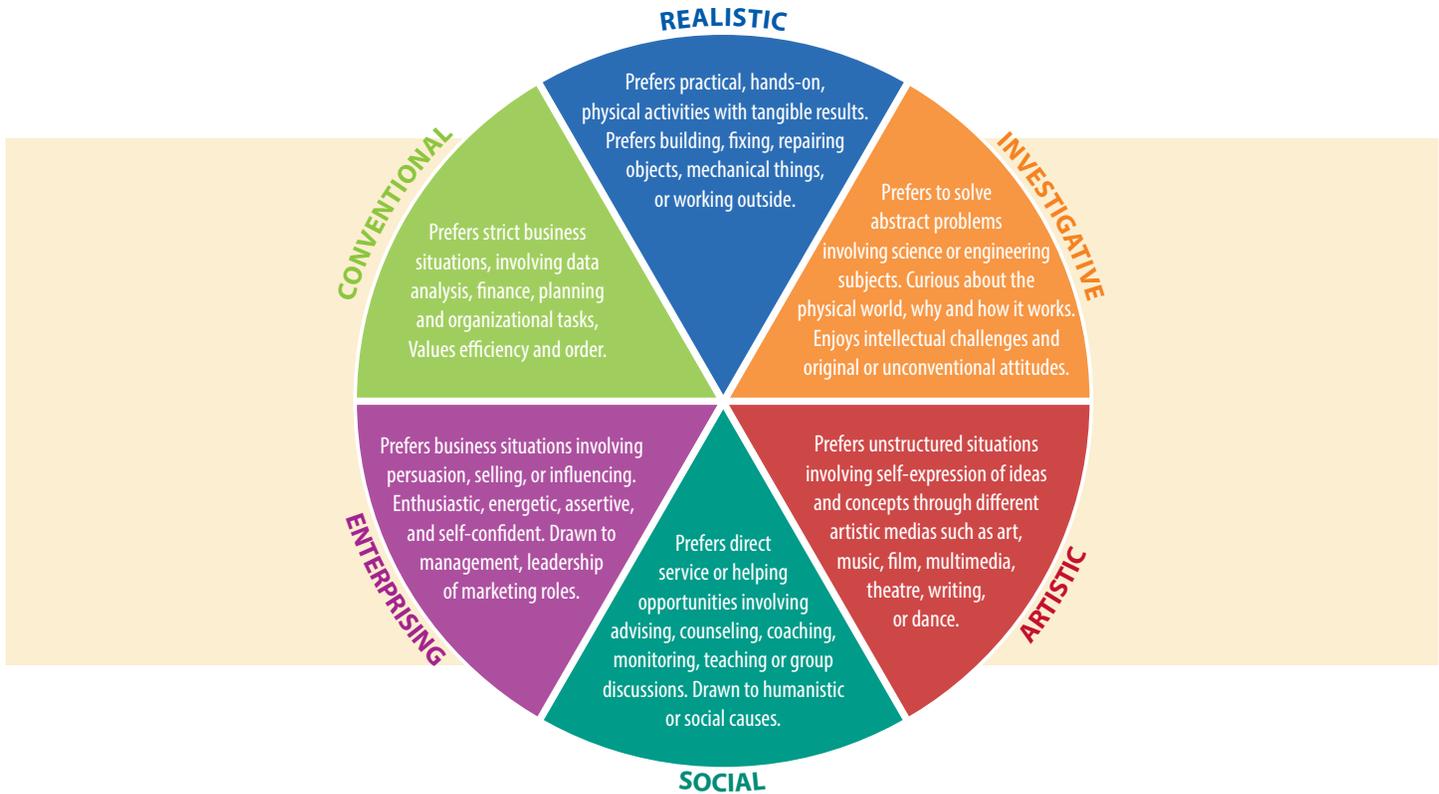
\_\_\_ # of Total Checks in - C



In which three categories do you have the most check marks? \_\_\_\_\_

For advising on your three category combinations, stop by the Career/Job Placement Center (Building A, Room A-207) or call 805-922-6966 ext. 3374.

# HOLLAND'S CATEGORIES OF INTEREST



## REALISTIC

Realistic people are rugged, practical, physically strong, enjoy working outdoors and working with machinery. They prefer to deal with things, rather than ideas or people, and enjoy creating things with their hands. They describe themselves as practical, persistent and stable.

### Related Majors & Programs

Administration of Justice  
Auto Body  
Auto Technology  
Baking  
Culinary Arts  
Design/Technical Theatre  
Drafting/CAD, Electronics  
Technology  
Emergency Medical Services/  
EMT  
Environmental Health and  
Safety Law Enforcement  
Firefighting  
Training/Academy  
Machining & Manufacturing  
Physical Education  
Welding Technology

## INVESTIGATIVE

Prefer to solve abstract problems involving science or engineering subjects. Curious about the physical world, why, and how it works. They enjoy intellectual challenges and original or unconventional attitudes.

### Related Majors & Programs

Agribusiness  
Anthropology  
Chemistry  
Civil Engineering  
Computer Science  
Electronic Engineering  
Technology  
Engineering  
Enology/Viticulture  
Environmental Science  
Mathematics  
Nursing  
Office Systems Analysis  
Physics  
Psychology  
Registered Veterinarian  
Technician

## ARTISTIC

Artistic people like to work in artistic settings that offer many opportunities for self-expression. They prefer to work alone have a great need for individual expression, and have little interest in problems that are highly structured or require physical strength. They tend to prefer problems that can be solved through self-expression and artistic media.

### Related Majors & Programs

Applied Design/Media  
Architectural Drafting  
Art  
Cosmetology  
Culinary Arts  
Dance  
Design/Technical Theater  
Drama  
English  
Fashion Studies  
Film & Video Production  
Interior Design Merchandising  
Music  
Photography  
Sound Recording

## SOCIAL

Social people are sociable, responsible, humanistic, and concerned with the welfare of others. They express themselves and get along well with others. They prefer to solve problems by discussions or by arranging relationships with others. They describe themselves as cheerful, popular, and achieving and a good leader.

### Related Majors & Programs

Administration of Justice  
Communications  
Cosmetology  
Dental Assisting  
Early Childhood Studies  
Emergency Medical Services/  
EMT  
Human Services  
Medical Assisting  
Nursing, CNA, RN, LVN  
Physical Education  
Political Science  
Psychology  
Recreation Management  
Sociology  
Spanish

## ENTERPRISING

Enterprising people have a facility with words, particularly in selling, dominating, and leading. They see themselves as enthusiastic, adventurous, self-confident, and dominant. They prefer social tasks where they can assume leadership, and like power, status, material wealth, and enjoy working in expensive settings.

### Related Majors & Programs

Accounting  
Agribusiness  
Business Administration  
Communications  
Cosmetology  
Entrepreneurship  
Finance  
Human Resource Management  
Management and Marketing  
Political Science  
Real Estate  
Recreation Management  
Restaurant Management

## CONVENTIONAL

Conventional people prefer highly ordered activities, both verbal and numerical, that characterize office offer. They fit well into large organizations but do not seek leadership. They are comfortable working in a well-established chain of command. They describe themselves as stable, well-controlled and dependable

### Related Majors & Programs

Accounting  
Bookkeeping  
Business Administration  
Computer Business Info.  
Systems  
Computer Business Office  
Technology  
Computer Science  
Dental Assisting  
Economics  
Hospitality  
Legal Secretarial  
Management  
Medical Billing & Coding  
Paralegal