

**Program Requirements:**

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

**A major of 21 units is required for the associate of science degree. Required core courses (15 units)**

| COURSE                           | TITLE                                    | UNITS         |
|----------------------------------|--|---------------|
| <input type="checkbox"/> REC 101 | Intro to Recreation Management           | 3             |
| <input type="checkbox"/> REC 103 | Leadership in Recreation Services        | 3             |
| <input type="checkbox"/> REC 105 | Program Planning for Recreation          | 3             |
| <input type="checkbox"/> REC 107 | Recreational Sports Programming          | 3             |
| <input type="checkbox"/> CWE 149 | Cooperative Work Experience OCCUPATIONAL | 1 - 8.0 units |

**Plus a minimum of 6 units selected from the following:**

| COURSE                            | TITLE                                    | UNITS |
|-----------------------------------|--|-------|
| <input type="checkbox"/> ATH 104  | Care and Prevention of Athletic Injuries | 3     |
| <input type="checkbox"/> BUS 102  | Marketing                                | 3     |
| <input type="checkbox"/> EMS 102  | First Aid & Safety                       | 3     |
| <input type="checkbox"/> REC 109  | Outdoor & Adventure Recreation           | 3     |
| <input type="checkbox"/> SOC 120  | Race and Ethnic Relations                | 3     |
| <input type="checkbox"/> SPCH 102 | Small Group Communication                | 3     |

## Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

### FALL SEMESTER (YEAR 1)

| Course                                | Title                               | Units   |
|---------------------------------------|-------------------------------------|---------|
| <input type="checkbox"/> ENGL 100     | Writing in Career/Tech Fields<br>OR | 4       |
| <input type="checkbox"/> ENGL 101     | Freshman Composition:<br>Exposition | 4       |
| <input type="checkbox"/> REC 101      | Intro to Recreation<br>Management   | 3       |
| <input type="checkbox"/> REC 105      | Program Planning for<br>Recreation  | 3       |
| <input type="checkbox"/> AHC Grad Req | Health Education or First Aid       | 3       |
| <input type="checkbox"/> AHC Grad Req | Dance or Physical Activity          | .5-3    |
| <b>Total Units</b>                    |                                     | 13.5-16 |

#### Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library and tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

### SPRING SEMESTER (YEAR 1)

| Course                                | Title   | Units    |
|---------------------------------------|---|----------|
| <input type="checkbox"/> REC 103      | Leadership in Recreation<br>Services          | 3        |
| <input type="checkbox"/> REC 107      | Recreational Sports<br>Programming            | 3        |
| <input type="checkbox"/> AHC GE REQ   | Category 4B: Comm. and<br>Analytical Thinking | 3        |
| <input type="checkbox"/> AHC Grad Req | Math Competency                               | 3-5      |
| <input type="checkbox"/> CWE 149      | Cooperative Work Experience<br>OCCUPATIONAL   | 1 - 8    |
| <b>Total Units</b>                    |   | 13 to 16 |

#### Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship

### FALL SEMESTER (YEAR 2)

| Course                                | Title                                       | Units    |
|---------------------------------------|---|----------|
| <input type="checkbox"/> ELECTIVE     | MAJOR ELECTIVE                              | 3        |
| <input type="checkbox"/> ELECTIVE     | MAJOR ELECTIVE                              | 3        |
| <input type="checkbox"/> AHC GE REQ   | Category 1: Natural Science                 | 3-4      |
| <input type="checkbox"/> AHC Grad Req | Multicultural and Gender<br>Studies         | 3        |
| <input type="checkbox"/> CWE 149      | Cooperative Work Experience<br>OCCUPATIONAL | 1 - 8    |
| <b>Total Units</b>                    |   | 14 TO 15 |

#### Tasks:

- Meet with a Counselor
- Develop Resume at Career Center
- Review Financial Aid Requirements
- Apply for AHC Scholarship

### SPRING SEMESTER (YEAR 2)

| Course                              | Title   | Units    |
|-------------------------------------|---|----------|
| <input type="checkbox"/> AHC GE REQ | Category 2A: Social Sciences                                      | 3        |
| <input type="checkbox"/> AHC GE REQ | Category 2B: American<br>History or Government                    | 3        |
| <input type="checkbox"/> AHC GE REQ | Area 3: Arts and Humanities                                       | 3        |
| <input type="checkbox"/> AHC GE REQ | Category 5: Living Skills   | 3        |
| <input type="checkbox"/> ELECTIVE   | 100-LEVEL COURSE<br>IF 60 UNITS NOT MET, TAKE<br>ANOTHER ELECTIVE | 3        |
| <input type="checkbox"/> ELECTIVE   | 100-LEVEL COURSE  | 3        |
| <b>Total Units</b>                  |   | 15 TO 18 |

#### Tasks:

- Apply for Degree with Counseling
- Utilize Job Search Resources
- FAFSA or Dream Act due March 2
- Attend Job Fair/Career Expo. Day