

**Program Requirements:**

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

**A major of 20 units is required for the degree.**

**Required core courses (14 units):**

COURSE	TITLE	UNITS
<input type="checkbox"/> BIOL 100	Introductory Biology	4
<input type="checkbox"/> MATH 123	Elementary Statistics	4
<input type="checkbox"/> PSY 101	General Psychology	3
<input type="checkbox"/> PSY 105	Research Methods in Psychology	3

**List A: Select 1 course from the following (3 units):**

COURSE	TITLE	UNITS
<input type="checkbox"/> PSY 117	Child Psychology	3
<input type="checkbox"/> PSY 118	Human Development - Lifespan	3
<input type="checkbox"/> PSY 121	Social Psychology	3

**List B: Select 1 course from any not selected above or from the following (3 units):**

COURSE	TITLE	UNITS
<input type="checkbox"/> PHIL 114	Critical Thinking	3
<input type="checkbox"/> PSY 112	Human Sexuality	3
<input type="checkbox"/> PSY 113	Theories Of Personality	3
<input type="checkbox"/> PSY 119	Abnormal Psychology	3
<input type="checkbox"/> SOC 101	Introduction to Sociology	3

**General Education**

### Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

#### FALL SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> ENGL 101	Freshman Composition: Exposition	4
<input type="checkbox"/> PSY 101	General Psychology	3
<input type="checkbox"/> ELECTIVE	100-LEVEL COURSE	3
<input type="checkbox"/> IGETC	Area 7: Ethnic Studies	3
<b>Total Units</b>		<b>13</b>

#### Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library and tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

#### SPRING SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> ENGL 103	Critical Thinking and Composition	3
<input type="checkbox"/> MATH 123	Elementary Statistics	4
<input type="checkbox"/> IGETC	Area 1C (CSU Only): Oral Communication	3
<input type="checkbox"/> ELECTIVE	MAJOR ELECTIVE: LIST A	3
<input type="checkbox"/> ELECTIVE	MAJOR ELECTIVE: LIST B	3
<b>Total Units</b>		<b>16</b>

#### Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- Meet with a Transfer Counselor
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship
- Attend a Transfer Workshop

#### FALL SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> BIOL 100	Introductory Biology	4
<input type="checkbox"/> IGETC	Area 3A: Arts	3
<input type="checkbox"/> IGETC	Area 3B: Humanities	3
<input type="checkbox"/> PSY 105	Research Methods in Psychology	3
<input type="checkbox"/> ELECTIVE	100-LEVEL COURSE	3
<b>Total Units</b>		<b>16</b>

#### Tasks:

- Meet with a Transfer Counselor
- Develop Resume at Career Center
- Apply for University Transfer
- Review Financial Aid Requirements
- Apply for AHC Scholarship

#### SPRING SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> IGETC	Area 5A: Physical Science	3
<input type="checkbox"/> IGETC	Area 3A or 3B: Arts and Humanities	3
<input type="checkbox"/> POLS 103	American Government	3
	OR	
<input type="checkbox"/> POLS 101	Introduction to Political Science	3
	IF 60 UNITS NOT MET, TAKE ANOTHER ELECTIVE:	
<input type="checkbox"/> ELECTIVE	100-LEVEL COURSE	3
<b>Total Units</b>		<b>15 -17</b>

#### Tasks:

- Apply for Degree with Counseling
- Utilize Job Search Resources
- Complete FAFSA or Dream Act by March 2
- Attend Job Fair/Career Exploration Day