

## **Program Requirements:**

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

# A major of 25 units is required for the associate in arts degree. Required core courses (13 units):

COURSE	TITLE	UNITS
☐ MATH 123	Elementary Statistics	4
☐ PSY 101	General Psychology	3
☐ PSY 113	Theories Of Personality	3
☐ PSY 117	Child Psychology	3
or		
☐ PSY 118	Human Development - Lifespan	3

# Plus a minimum of 12 units selected from the following:

COURSE	TITLE	UNITS
☐ ANTH 101	Introduction to Biological Anthropology	3
☐ ANTH 102	Introduction to Cultural Anthropology	3
☐ HUSV 106	Family Systems, Addiction & Trauma	3
☐ PSY 112	Human Sexuality	3
☐ PSY 119	Abnormal Psychology	3
☐ PSY 121	Social Psychology	3
☐ SOC 101	Introduction to Sociology	3
☐ SOC 110	Introduction to Marriage & Family	3

### Recommended electives:

COURSE	TITLE	UNITS
☐ BIOL 100	Introductory Biology	4
☐ BIOL 124	Human Anatomy	4
☐ BIOL 125	Human Physiology	4
☐ MATH 135	Calculus with Applications	4
☐ PSY 128	Positive Psychology	3
or		
☐ HUSV 128	Positive Psychology	3



## **Suggested Course Sequence**

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

FALL SEMESTER (YEAR 1)		
Course	Title	Units
☐ ENGL 101	Freshman Composition: Exposition	4
☐ PSY 101	General Psychology	3
☐ AHC GE REQ	Category 1: Natural Science	3-4
☐ AHC GE REQ	Category 5: Living Skills	3
Total Units		14

#### Tasks:

- · Complete Career Exploration
- Meet with Counselor (SEP)
- · Visit library and tutoring
- · Review Financial Aid Requirements
- · Apply AHC Scholarship

SPRING SEMESTER (YEAR 1)		
Course	Title	Units
☐ PSY 117	Child Psychology OR	3
☐ PSY 118	Human Development - Lifespan	3
☐ AHC Grad Req	Math Competency	3-5
☐ AHC Grad Req	Health Education or First Aid	3
☐ AHC Grad Req	Dance or Physical Activity	.5-3
☐ ELECTIVE  Total Units	MAJOR ELECTIVE	3 12.5-17

### Tasks:

- · Set up Jobspeaker
- Attend Career Exploration Day
- · FAFSA or Dream Act due March 2
- · Apply AHC Scholarship

FALL SEMESTER (YEAR 2)		
Course	Title	Units
☐ PSY 113	Theories Of Personality	3
☐ ELECTIVE	MAJOR ELECTIVE	3
☐ ELECTIVE	MAJOR ELECTIVE	3
☐ AHC GE REQ	Area 3: Arts and Humanities	3
☐ ELECTIVE	100-LEVEL COURSE	3
Total Units		16

#### Tasks:

- · Meet with a Transfer Counselor
- Develop Resume at Career Center
- · Review Financial Aid Requirements
- · Apply for AHC Scholarship

SPRING SEMESTER (YEAR 2)		
Course	Title	Units
☐ ELECTIVE	MAJOR ELECTIVE	3
☐ AHC GE REQ	Category 2B: American History or Government	3
☐ AHC Grad Req	Multicultural and Gender Studies	3
☐ ELECTIVE	100-LEVEL COURSE IF 60 UNITS NOT MET, TAKE ANOTHER ELECTIVE:	3
☐ ELECTIVE	100-LEVEL COURSE	3
Total Units		14.0
Tasks:		

- · Apply for Degree with Counseling
- · Utilize Job Search Resources
- Complete FAFSA or Dream Act by March 2
- Attend Job Fair/Career Exploration Day