

**Program Requirements:**

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

**A major of 18-19 units is required for the degree.**

**Required Core Courses (12 units):**

COURSE	TITLE	UNITS
<input type="checkbox"/> SOC 101	Introduction to Sociology	3
<input type="checkbox"/> SOC 102	Social Problems	3
<input type="checkbox"/> SOC 110	Introduction to Marriage & Family	3
<input type="checkbox"/> SOC 120	Race and Ethnic Relations	3

**List A: Select 1 course from the following (3-4 units)**

COURSE	TITLE	UNITS
<input type="checkbox"/> MATH 123	Elementary Statistics	4
or		
<input type="checkbox"/> SOC 104	Social Science Research Methods	3

**List B: Select 1 course from any not selected in List A or from the following (3 units):**

COURSE	TITLE	UNITS
<input type="checkbox"/> ANTH 102	Introduction to Cultural Anthropology	3
<input type="checkbox"/> ECON 141	Global Economics	3
<input type="checkbox"/> GBST 101	Introduction to Global Studies	3
<input type="checkbox"/> GEOG 102	Human Geography	3
<input type="checkbox"/> SOC 155	Media and Society	3
<input type="checkbox"/> SOC 160	Cities and Urban Life	3

**General Education**

### Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

#### FALL SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> ENGL 101	Freshman Composition: Exposition	4
<input type="checkbox"/> SOC 101	Introduction to Sociology	3
<input type="checkbox"/> IGETC	Area 4: Social and Behavioral Sciences	3
<input type="checkbox"/> IGETC	Area 3A: Arts	3
<b>Total Units</b>		<b>13</b>

#### Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library and tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

#### SPRING SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> MATH 123	Elementary Statistics	4
<input type="checkbox"/> SOC 110	Introduction to Marriage & Family	3
<input type="checkbox"/> IGETC	Area 1B: Critical Thinking	3
<input type="checkbox"/> IGETC	Area 7: Ethnic Studies	3
<input type="checkbox"/> SOC 155	Media and Society (recommended)	3
<b>Total Units</b>		<b>16</b>

#### Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship

#### FALL SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> IGETC	Area 1C (CSU Only): Oral Communication	3
<input type="checkbox"/> IGETC	Area 5A: Physical Science	3
<input type="checkbox"/> IGETC	Area 5C: Laboratory Activity ONLY ONE LAB NEEDED (EITHER IN 5A OR 5B)	1
<input type="checkbox"/> IGETC	Area 3B: Humanities	3
<input type="checkbox"/> SOC 102	Social Problems	3
<input type="checkbox"/> SOC 160	cities and urban life (recommended)	3
<b>Total Units</b>		<b>15 - 17</b>

#### Tasks:

- Meet with a Transfer Counselor
- Apply for University Transfer
- Develop Resume at Career Center
- Review Financial Aid Requirements
- Apply for AHC Scholarship

#### SPRING SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> IGETC	Area 5B: Biological Science	3
<input type="checkbox"/> IGETC	Area 5C: Laboratory Activity ONLY ONE LAB NEEDED (EITHER IN 5A OR 5B)	1
<input type="checkbox"/> IGETC	Area 3A or 3B: Arts and Humanities	3
<input type="checkbox"/> SOC 120	Race and Ethnic Relations	3
<input type="checkbox"/> SOC 104	Social Science Research Methods	3
<input type="checkbox"/> ELECTIVE	100-LEVEL COURSE	3
<b>Total Units</b>		<b>15 - 17</b>

#### Tasks:

- Apply for Degree (counseling)
- Complete: Transfer next steps
- Complete FAFSA or Dream Act by March 2
- Attend Job Fair/Career Exploration Day