



5 EXPERT TIPS FOR WORKING AND STUDYING FROM HOME

Learn How to Efficiently Work and Study Remotely

The coronavirus pandemic is forcing many organizations and educational institutions to send people home to continue working and learning. In order to remain relevant in today's ever-evolving workforce, employees and students are constantly challenged to develop new skills. This webinar provides simple tips that could help with adjusting your behavior toward more efficiently working remotely.

5 Expert Tips for Working From Home

How to efficiently and effectively work and study from home with guest speaker Dr. Robinson, Associate Director for our Accessibility & Wellness department.

-  1. Self-Care
-  2. Develop a Routine
-  3. Minimize Distractions
-  4. Communication
-  5. Goal Setting

REGISTER NOW

Zoom Webinar Series:

- October
- November
- December



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