

**Program Requirements:**

"Program Requirements" specify the courses required for this program. See suggested course sequence for additional information.

**A major of 28 units is required for the associate in science degree.**

**Required core courses (22 units):**

COURSE	TITLE	UNITS
<input type="checkbox"/> FCS 131	Life Management	3
<input type="checkbox"/> HUSV 101	Introduction to Human Services: Becoming a Helping Professional	3
<input type="checkbox"/> HUSV 102	Case Management Skills	3
<input type="checkbox"/> HUSV 103	Basic Counseling Skills	3
<input type="checkbox"/> HUSV 120	Human Services (General) Practicum	2
or		
<input type="checkbox"/> HUSV 170	Concurrent Human Services Practicum	2 - 4.0 units
<input type="checkbox"/> HUSV 121	Human Services (General) Practicum Seminar	2
<input type="checkbox"/> HUSV 106	Family Systems, Addiction & Trauma	3
<input type="checkbox"/> HUSV 108	Crisis Intervention Skills	3

**Plus a minimum of 6 units selected from the following:**

COURSE	TITLE	UNITS
<input type="checkbox"/> HUSV 104	Group Dynamics	3
<input type="checkbox"/> HUSV 107	Serving Culturally Diverse Clients	3
<input type="checkbox"/> HUSV 110	Alcohol, Other Drugs, and Addiction	3
or		
<input type="checkbox"/> SOC 106	Alcohol, Other Drugs, and Addiction	3
or		
<input type="checkbox"/> PSY 106	Alcohol, Other Drugs, and Addiction	3
<input type="checkbox"/> PSY 112	Human Sexuality	3
<input type="checkbox"/> PSY 118	Human Development - Lifespan	3

## Suggested Course Sequence

The "Suggested Course Sequence" is an example of how to complete the requirements plus any additional general education that may be needed. If you would like to create a personalized Student Education Plan (SEP), schedule a meeting with a counselor.

### FALL SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> HUSV 101	Introduction to Human Services: Becoming a Helping Professional	3
<input type="checkbox"/> HUSV 102	Case Management Skills	3
<input type="checkbox"/> HUSV 103	Basic Counseling Skills	3
<input type="checkbox"/> ENGL 100	Writing in Career/Tech Fields OR	4
<input type="checkbox"/> ENGL 101	Freshman Composition: Exposition	4
<input type="checkbox"/> AHC GE REQ	Category 5: Living Skills	3

**Total Units** 16

#### Tasks:

- Complete Career Exploration
- Meet with Counselor (SEP)
- Visit library and tutoring
- Review Financial Aid Requirements
- Apply AHC Scholarship

### SPRING SEMESTER (YEAR 1)

Course	Title	Units
<input type="checkbox"/> HUSV 106	Family Systems, Addiction & Trauma	3
<input type="checkbox"/> HUSV 108	Crisis Intervention Skills	3
<input type="checkbox"/> AHC GE REQ	Category 4B: Comm. and Analytical Thinking	3
<input type="checkbox"/> AHC Grad Req	Health Education or First Aid	3
<input type="checkbox"/> AHC Grad Req	Dance or Physical Activity	.5-3

**Total Units** 12.5-15

#### Tasks:

- Set up Jobspeaker
- Attend Career Exploration Day
- FAFSA or Dream Act due March 2
- Apply AHC Scholarship

### FALL SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> FCS 131	Life Management	3
<input type="checkbox"/> ELECTIVE	MAJOR ELECTIVE	3
<input type="checkbox"/> AHC GE REQ	Category 2A: Social Sciences	3
<input type="checkbox"/> AHC GE REQ	Category 2B: American History or Government	3
<input type="checkbox"/> AHC Grad Req	Multicultural and Gender Studies	3

**Total Units** 15

#### Tasks:

- Meet with a Counselor
- Develop Resume at Career Center
- Review Financial Aid Requirements
- Apply for AHC Scholarship

### SPRING SEMESTER (YEAR 2)

Course	Title	Units
<input type="checkbox"/> HUSV 120	Human Services (General) Practicum	2
<input type="checkbox"/> HUSV 121	Human Services (General) Practicum Seminar	2
<input type="checkbox"/> ELECTIVE	MAJOR ELECTIVE	3
<input type="checkbox"/> AHC GE REQ	Category 1: Natural Science	3-4
<input type="checkbox"/> AHC GE REQ	Area 3: Arts and Humanities	3
<input type="checkbox"/> ELECTIVE	100-LEVEL COURSE	3

**Total Units** 16 TO 17

#### Tasks:

- Apply for Degree with Counseling
- Utilize Job Search Resources
- Complete FAFSA or Dream Act by March 2
- Attend Job Fair/Career Exploration Day